

GREEN MOUNTAIN SHEN & BIOENERGETICS PRESENTS:

An Introduction to Bioenergetic-shen Treatment[®]

Bioenergetic-shen Treatment[®] consists of profound and effective mind-body techniques to better know oneself, to rediscover one's vital energy, and to reach and maintain good mental and physical balance.

What it is: Learn about **Bioenergetic-Shen Treatments**, a hands-on healing modality that brings about the healthy integration of mind and body. This series of workshops will introduce you to the history, principles and training of this exclusive treatment created by Dr. Pino Ferroni and imported from Italy in 2005 by Founder & Director Wassim Nehme of Green Mountain Shen & Bioenergetics.

Classes will consist of:

- The science and philosophy that are the basis of this treatment
- Hands-on learning, both giving and receiving basic techniques
- An opportunity to become aware of how personal treatments can raise awareness of a recipient's energy potential and to work toward a harmonization process.

This journey is recommended for those who want to:

- Confront certain types of physical discomfort, stress, and tension
- Win over the anxiety and fear that cause personal suffering
- Become aware of their energy potential and learn how to use it
- Enter into the process of creativity to realize personal aspirations

Completion of this introductory series qualifies you to participate in future intensive training.

WHEN: September 27 through November 15, 2018
Every Thursday for eight weeks from 6:30 - 8:30 PM

LOCATION: TBD

COST: \$150 for the eight week series

WHAT TO BRING: Comfortable clothes, socks, and water in a closed container



For more information visit
www.greenmountainshen.org

TO REGISTER PLEASE FILL OUT THE FORM ON THE BACK SIDE OF THIS FLYER.

CONTACT PERSON FOR REGISTRATION:
Laurie Musick Wright • 802-236-1244
laurie@greenmountainshen.org

Registration deadline is September 20, 2018 to reserve your space. Full payment is due with registration. Class size is limited.

INTRODUCTORY WORKSHOP SERIES

Bioenergetic-shen Treatment[®]

REGISTRATION FORM:

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

OCCUPATION: _____

EMERGENCY CONTACT: _____

Have you experienced or had training in any type of bodywork? If yes, please describe briefly:

Classes will be held for 8 consecutive weeks. Please let us know if there are any weeks you will not be able to attend in advance:

To reserve your space, please mail this form with a check for \$150 made out to "Right to Wellness" with "SHEN Class" written on the memo line to Laurie Musick Wright, 19 West St., Rutland, VT 05701

"A micro movement on a person's body can mean all the movements of the world, because the essence does not come from the vastness of the movement, but it comes from our heart, it comes from the love we feel for the other person."

—Pino Ferroni, Founder



For more information visit our website at WWW.GREENMOUNTAINSHEN.ORG

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